

BSC (HONS) APPLIED SPORT AND HEALTH SCIENCE

The BSc (Hons) Applied Sport & Health Science is an exciting programme that focuses on developing in-depth, honours level knowledge and understanding of various applied, sport and health related disciplines.

Level 6 · Bachelor's Degree · Truro College

TOP COURSE HIGHLIGHTS

SPECIALIST PROGRAMME **CAREER OPPORTUNITIES** **PURPOSE-BUILT FACILITIES** **ADDITIONAL QUALIFICATION OPPORTUNITIES**

EXPERIENCED LECTURING TEAM

The staff lecturing on the programme are all experts within their chosen areas and all have an excellent level of experience in both vocational application as well as academic delivery.

EXCELLENT TEACHING FACILITIES

The College is an incredible place of learning, boasting excellent sport and health related facilities and learning resources within a modern and progressive learning environment.

SPECIALIST THREE-YEAR DEGREE

This course is the only specialist three-year degree programme in Cornwall that covers these disciplines and is unique in the opportunities it presents to graduating students.

WHY CHOOSE THIS COURSE?

A key feature of the programme is exposing learners to the breadth of career opportunities on completion of their studies. An understanding of the applied nature of sport and health is enhanced through specialist core and optional modules that allow learners to create a bespoke, career orientated course of study. The balance between sport and health allows for an innovative understanding to be developed by all graduates, which can be directly transferred to a broad range of vocational settings.

The programme has been designed to equip learners with the skills and knowledge base required to work in their chosen specialism, or progress to other graduate opportunities. It is also a platform from which additional vocational and academic qualifications can be completed. The breadth of information covered within the course allows graduates to explore the wide range of employment possibilities, both locally and nationally.

WHAT WILL I LEARN?

Areas such as sport and health psychology, physiology, nutrition and biomechanics, are delivered in conjunction with social science subjects that explore the societal impact of sport and health. This allows for a fascinating insight into the many different facets and specialism that can be followed in this current and exciting area of study and employment.

[Programme Quality Handbook](#)

FOR THE LATEST COURSE INFORMATION

Scan for assessment arrangements, learner support, confirmed start dates and how to apply.
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WHERE WILL IT TAKE ME?

From the outset, all learners are exposed to the broad range of potential employment pathways that are available upon completion of their studies. Alternatively, graduates will be well equipped to progress to related Master Level study. The HE Careers Advisor will assist with tutorials focusing on skills and planning for progression.

ENTRY REQUIREMENTS

To gain a place on this course you will need a total of 48 UCAS points. All applicants must have GCSE (or equivalent will be considered) Maths and English at Grade 4/C or above, plus a relevant level 3 qualification. Applicants will be interviewed to assess the experience/capabilities for successful entry and completion of the course.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

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