BTEC LEVEL 3 NATIONAL EXTENDED DIPLOMA IN SPORT & EXERCISE SCIENCE

Do you enjoy developing your knowledge of both theoretical and practical sport? Then this course will suit you in undertaking a sport science or health related career path, such as sports rehabilitation, sports nutrition, or sports psychology, amongst others.

Level 3 · Extended Diploma · Truro College

TOP COURSE HIGHLIGHTS

TEACHING GROUPS | TEACHING TEAM | EXCEPTIONAL FACILITIES | COURSE ACHIEVEMENT

TEACHING GROUPS

You will be mixing with likeminded, ambitious peers, taught by friendly, supportive and hardworking staff.

EXCEPTIONAL FACILITIES

Taught in excellent indoor and outdoor facilities including our physiology lab, massage and injuries suite, 3G astro's, sports hall and Multi Use Games Area, with additional sports academies alongside.

EXCELLENT GRADE PROFILES

The course has achieved some of the best grade profiles in the country. These are achieved by relying heavily on student attendance, punctuality, and commitment to learning, both independently and within lectures.

WHY CHOOSE THIS COURSE?

During this course, you will develop a range of skills and abilities that will enable you to either progress onto Higher Education or into employment in sports related industries. You will discover how to apply and develop theoretical and practical techniques to analyse and improve sporting performance of yourself and others as well as improving your general health and fitness. You will learn the appropriate use of both laboratory and field-based testing and training equipment using our highly equipped sports science laboratory. You will also learn how to use digital analysis systems to compare yourself and others with elite performers to fine tune sports skills and techniques, developing a strong scientific and academic approach.

WHAT WILL I LEARN?

With a strong academic focus this course will suit you if you have an interest in using scientific approaches to developing groups and individuals across a wide range of populations, from those suffering with severe lifestyle diseases right through to those at the top of the sports performance pyramid. Grading throughout the programme is by a wide range of assessment methods including formal exams (internal and external), assessments, presentations, essays and time constrained assignments. Alongside the Sport and Exercise Science Diploma you will also have the option of continuing to enjoy and work on your own specialist sport through one of our nationally successful sports academies.

FOR THE LATEST COURSE INFORMATION
Scan for assessment arrangements, learner support, confirmed start dates and how to apply.

WHERE WILL IT TAKE ME?

This course will allow progression directly to a Sports Science or other sports related Higher Educational pathway, including at the University Centre Truro and Penwith. Career paths available will include a role in sports, therapy, rehabilitation, nutrition, or performance analysis, along with most other sports related areas.

ENTRY REQUIREMENTS

You will attend an interview with a member of the course team, where your enthusiasm for sports related goals, attitude and future career path will be considered, you will need to have gained four level two qualifications including Maths or English (literature included) at Grade 4 or higher.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

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