BTEC NATIONAL FOUNDATION DIPLOMA IN SPORTS COACHING & DEVELOPMENT

Level 3 · Extended Diploma · Truro College

TOP COURSE HIGHLIGHTS

INDUSTRY-FOCUSED | LEADERSHIP OPPORTUNITIES | PRACTICAL COACHING EXPERIENCE | HIGH-QUALITY SPORTS FACILITIES

SPORTING PARTNERSHIPS

Through links with Exeter Chiefs, Truro City FC and Cornwall Saracens, students gain valuable insight into performance sport, player development pathways, community engagement and coaching practice. These partnerships enhance learning through visits, guest speakers, coaching events and workforce-related experiences.

THEORY INTO PRACTICE

Students apply coaching theory in practical settings, developing skills in session planning, leadership, analysis, communication and athlete support. Real-world coaching opportunities help learners build confidence and professional behaviours.

PREPARATION FOR NEXT STEPS

This course prepares students for employment, apprenticeships and higher education in sports coaching, sport development, teaching, physical education, sports management and related industries.

WHY CHOOSE THIS COURSE?

This qualification is designed for learners who are passionate about coaching, athlete development and community sport. The programme is 100% internally assessed and focuses on developing practical coaching, leadership and professional skills alongside a strong understanding of sport development and wellbeing. Learners gain experience planning, delivering and evaluating coaching sessions across a variety of sporting environments.

WHAT WILL I LEARN?

Units include Careers in Sport and Active Leisure, Health Wellbeing and Sport, Developing Coaching Skills, Applied Coaching Skills, Sport Development, Self-Employment in Sport and Physical Activity, and Professional Practice in Sports Coaching. Content reflects current industry expectations and coaching environments.

WHERE WILL IT TAKE ME?

Progression routes include degrees in Sports Coaching, Sport Development, Physical Education, Strength and Conditioning, Sport Science and Teaching. Learners may also progress directly into coaching, grassroots sport, community development and sport-related employment.

FOR THE LATEST COURSE INFORMATION
Scan for assessment arrangements, learner support, confirmed start dates and how to apply.

ENTRY REQUIREMENTS

Interview with the course team plus a minimum of four GCSEs at Grade 4 or above, including English and/or Maths, subject to current college entry criteria.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

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