BUSINESS MASTERCLASS - EMOTIONAL INTELLIGENCE IN THE WORKPLACE

Level 1 · Other · STEM & Health Skills, Bodmin

PART-TIME INFORMATION

Who is the course for?

This seminar is ideal for anyone who is interested in understanding more about how emotions underpin behaviours in the workplace. This seminar introduces the leading Emotional Behaviours at Work (EBW) assessment tool and how this can be applied to improve emotional intelligence, relationships and performance.

Benefits of Attending

Greater insights in how emotions drive behaviours in the workplace, will assist in creating a more productive workplace and enhance both intrapersonal and interpersonal relationships. By understanding our own emotional responses and how we can regulate these we can improve our own leadership, teamwork, customer relationships and organisational cultures.

Course Content:

- Emotional Intelligence background and benefits
- Exploration of emotions and behaviours in the workplace
- Overview of the EBW model and assessment tool
- Access to online EBW self-assessment tool
- Recognition of development areas
- Strategies for further development of emotional intelligence

The course will include a range of interactive activities, access to an online EBW assessment and personalised EBW assessment report.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

FOR THE LATEST COURSE INFORMATION

Scan for assessment arrangements, learner support, confirmed start dates and how to apply.