BUSINESS WORKSHOP - INTRODUCTION TO COACHING & MENTORING

Other · STEM & Health Skills, Bodmin

PART-TIME INFORMATION

This seminar is ideal for anyone who is interested in finding out more about coaching and the workplace benefits that can be achieved. It is ideal for those who are responsible for developing other people such as supervisors and managers alongside those who support learning within the workplace.

Benefits of Attending:

Workplace coaching is increasingly used by organisations in order to improve individual, team and organisational performance and wellbeing. This seminar will explore what coaching entails and the key skills needed to become an effective coach. These skills can support attendees to be more effective in their roles and contribute towards effective achievement of organisational objectives and an improved workplace culture.

Programme Content:

- Definitions and benefits of coaching
- How to choose whether coaching is the most appropriate intervention
- Exploration of what makes an effective coach.
- Introduction to codes of conduct and ethics for effective workplace coaches
- Understanding the importance of contracting and confidentiality
- The value of self-reflection
- Effective developmental action planning

The day will include a range of interactive activities, providing the opportunity to share learning and best practice.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

FOR THE LATEST COURSE INFORMATION

Scan for assessment arrangements, learner support, confirmed start dates and how to apply.