ILM LEVEL 3 AWARD IN EFFECTIVE COACHING

Level 3 · Other · Truro College

PART-TIME INFORMATION

This course provides managers with a thorough introduction to coaching. It combines both theory and opportunities to practise the skills needed to coach individuals to support their development and maximise their performance.

Benefits of attending:

Participation in this course will provide an excellent foundation of coaching principles. You'll learn and practise key coaching tools and techniques such as active listening, insightful questioning and effective goal setting. At the end of the course attendees should feel confident to coach professionally and effectively in an organisational context. Coaching can help individuals and teams to unlock their potential, becoming more productive with greater ownership and accountability.

Programme Content:

- The scope and application of coaching
- Coaching principles and ethics
- Establishing an effective framework for coaching
- Coaching models, tools and techniques
- Developing effective coaching communication skills
- Planning, managing and reflecting on coaching sessions

The course consists of 5 classroom days over 3 months plus completion of three assignments, which include a coaching diary, recording a minimum of 6 hours workplace coaching.

IMPORTANT

Course information can change. Please use the QR code below for the current assessment arrangements, entry requirements and start dates.

FOR THE LATEST COURSE INFORMATION

Scan for assessment arrangements, learner support, confirmed start dates and how to apply.