

Technical

All colour appointments require an allergy test AT LEAST 48 hours prior to service. All prices are starting from and may be more if hair is below shoulder/thick. Please book a free consultation to discuss further with your stylist.

Placement Foils (up to 10)	£1.50 per foil
T-Section.....	£26 - £30
Half Head Woven	£32 - £36
Full Head Woven.....	£42 - £46
Full Head Tint	£34 - £38
Regrowth Tint.....	£24 - £26
Gloss / Semi Permeant Full Head.....	£28 - £32
Creative Colour / Colour Correct	POC
Toner	£12
Perming	£30 - £34
Vitaplex Rebonding Treatment Rebonds and restores damaged hair, protects against breakage and intensifies colour.	
Within colour services	£13
Standalone treatment	£23
Conditioning Treatment	£7
Add a Blowdry to Any Technical Service	£8 - £11
Add a Cut and Blowdry to Any Technical Service.	£14 - £18

Styling

Cut and Blow Dry	£23 - £27
Restyle	£27 - £31
Wash, Cut, Rough Dry.....	£18 - £22
Dry Cut	£14 - £17
Blow Dry / Set	£12 - £16
Hair Up.....	POC
Men's Cut.....	£8 - £11

Pamper Packages

Wedding Package.....	£55
Prescriptive facial, full body massage, manicure and pedicure.	
Princess Package	£10 per child
Fingers and toes file and paint and mini facial.	
Pamper Package.....	£38
Prescriptive facial, back, neck and shoulder massage, manicure or pedicure	
Ladies Nights/Hen Parties.....	£30 per person
Champagne upon arrival. 2 x 30 minute treatments - choice of facial, back neck and shoulder massage, mini manicure or mini pedicure.	

Mission Statement

Our mission is to provide quality education and development of a commercially viable workforce of stylists, therapists and technicians across a flexible, creative and industrially-led curriculum. Inspiration is committed to delivering a professional level of services in our fully-equipped salons/clinics.

Customer Care Policy

We appreciate that services may take longer than planned, be delayed, or on rare occasions appointments may be cancelled due to the salon being a student-led learning environment. We will provide as much notice as possible in this instance. It may be necessary to reschedule your appointment if you arrive late. If you need to cancel your appointment please contact the appropriate reception desk ASAP.

"Thank you for supporting the education and development of our future specialists." *Hayley McKinstry - Programme Team Leader*

Salon Opening Times

Tuesday 9.00am - 7.00pm
Wednesday 9.00am - 7.00pm
Thursday 9.00am - 9.00pm
Friday 9.00am - 4.00pm
Saturday 9.00am - 1.00pm

Inspiration Professional
Haven House, Quay Street, Truro, Cornwall TR1 2UY
t: 01872 245623
e: inspiration@truro-penwith.ac.uk
w: www.truro-penwith.ac.uk

Over 60's Diamond Club - 20% OFF Tuesdays and Wednesdays.

O.P.I

AFFINAGE
SALON PROFESSIONAL

milk
shake

dermalogica

TRURO
COLLEGE

Part of Truro and Penwith College

INSPIRATION
PROFESSIONAL

SALON & SPA

Facial Treatments

Using Dermalogica products with specialised equipment to enhance the skin's appearance.

Prescriptive Facial£20

A Dermalogica prescriptive facial tailored to your skin's exact needs.Your expert will use exclusive face mapping techniques and adapt the facial specifically for you.

Chocolate Facial£22

The ultimate indulgent facial that is not only great for your skin, but smells delicious too. Using 100% cocoa and natural cocoa butter, skin is nourished, oxygenated and hydrated with natural anti-oxidants and minerals.The cocoa aroma releases body endorphins for an overall feeling of well being.

Glycolic Facial£22

For immediately clear and smoother skin.The glycolic facial is a gentle and skin friendly chemical peel using sugar cane.The treatment exfoliates to the deepest levels to combat fine lines, sun damage, acne and congestion.

Lymphatic Drainage Facial£20

To help eliminate toxins and improve a sluggish circulation.

Non-surgical Facial.....£20

A toning treatment to lift and firm the contours of the face.

Micro Dermabrasion£20

This non-surgical skin resurfacing procedure immediately restores smoother, younger looking skin.

Express Facial.....£10

This 30 minute facial is the quick answer to all of your skin care concerns. The skin will be cleansed, exfoliated, a relaxing eye massage will help rejuvenate those tired eyes and a mask will help to brighten and nourish the skin. Free advice is also available from our skin care experts.

Facial Programme£95

Incorporates consultation and six one hour sessions to help improve skin condition and texture.This can include specialised treatments and products to improve muscle tone, lines and wrinkles. Must be used within 6 months.

Eye Treatments

Eyelash Tint *£8

Eyebrow Tint *£5

Eyebrow Shape - Tweeze£5

Lash Lift.....£20

Lash Lift with Colour Boost.....£25

* Tint services require a skin test 24/48 hours prior to application.

Nail Treatments

Manicure£12

Deluxe Manicure£15

Choose from hot oil, paraffin wax or a thermal masque to provide deep conditioning to hands, nails and cuticles. Please specify when making your booking.

Manicure with Gel Polish.....£22

Pedicure.....£12

Deluxe Pedicure£15

Choose from paraffin wax or a thermal masque to nourish and soften feet. Please specify when making your booking.

Pedicure with Gel Polish.....£22

Nail Extensions£15

Infills£8

Manicure with Micro Dermabrasion - Anti-Aging£15

Gel Polish£12

Gel Polish with Removal and Reapplication.....£15

Gel Polish Removal.....£5

File and Paint.....£5

Infinite Shine File and Paint.....£8

Add Infinite Shine Polish to Any Nail Treatment.....£3

Body Treatments

Chocolate Therapy for the Back£18

Mouth-watering pampering for the body using Dead Sea salts, essential oils and warm 100% pure cocoa.This body scrub and massage is a guilt-free indulgence which leaves skin hydrated, re-mineralised and smelling gorgeous.

Leg Massage£10

This leg massage is fantastic for people that are on their feet all day or the athletic types.The massage helps all major muscles in the leg to relax.

Intensive Body Programme£80

Includes consultation and six weeks of one-hour sessions incorporating figure diagnosis, nutritional assessment, homecare advice and treatment using specialised equipment to improve body shape and skin condition.

Faradic - A treatment that helps to increase muscle tone, blood circulation and lymphatic draining. Great for clients hoping to lose a little weight

combined with healthy eating and an exercise regime. Must have as a course of treatments.

Vacuum Suction - A body treatment that helps to drain excess fluid retention from problem areas such as the stomach, legs, ankles and arms. Combined with a small massage. Beneficial as an individual treatment or purchased in a course of 6.

Body Micro Dermabrasion£15

This non-surgical skin resurfacing procedure immediately restores smoother younger looking skin as well as reducing the appearance of scars and stretch marks.

Back, Neck & Shoulder Massage£10

Face and Scalp Massage£10

Full Body Massage.....£22

Relaxing Scrub & Massage.....£30

Spa Sensation Body Salt Scrub.....£10

Hair Removal Treatments

Half Leg£12

Full Leg & Bikini (if required).....£18

Bikini/Underarm..... £6 each

Upper Lip/Chin/Eyebrow £5 each

Forearm£9

Back.....£9

Chest.....£7

Tanning

St.Tropez£15

A break through in sunless spray-tanning guaranteed to satisfy even the palest skin tones. St.Tropez's formula works to enhance your own pigment (skin test required).