

## Colour

All colours and technical services include a complimentary blow dry.

10 Placement Foils.....	£10.00
T-Section.....	£24.00
Half Head.....	£30.00
Full Head.....	£40.00
Regrowth.....	£20.00
Semi-Permanent All Over Colour.....	£26.00
Permanent All Over Colour.....	£32.00
Ombre.....	POC
Colour Correct.....	POC

## Technical

Perm.....	£28.00
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## Cut

Add a cut to any colour service.....	£12.00
Cut and Blow Dry.....	£20.00
Dry Cut.....	£14.00
Men's Cut.....	£8.00

## Finish

Blow Dry.....	£10.00
Shampoo and Set.....	£10.00
Hair Up.....	POC

## Pamper Packages

**Wedding Package..... £50.00**  
Waxing - half leg wax, bikini wax and eyebrow or lip wax. Prescriptive facial or full body massage and Gel fingers and toes.

**Princess Package..... £10.00 per child**  
Glass of fruit juice and nibbles upon arrival. Fingers or toes file and paint, plus a mini facial.

**Pamper Package..... £25.00**  
Mini facial, back, neck and shoulder massage and a file and paint fingers or toes.

**Ladies Nights/Hen Parties..... £30.00 per person**  
Champagne upon arrival. 2 x 30 minute treatments - choice of facial, back neck and shoulder massage, mini manicure or mini pedicure.

**Express Facial..... £10.00**  
This 30 minute facial is the quick answer to all of your skin care concerns. The skin will be cleansed, exfoliated, a relaxing eye massage will help rejuvenate those tired eyes and a mask will help to brighten and nourish the skin. Free advice is also available from our skin care experts.

### GERARD'S Treatments

Gerard's has created a wide range of face and body treatments that are both innovative and holistic and personalised to each client. These treatments combine relaxation with results that are noticeable after just one treatment. Gerard's search the world for therapies that combine ancient proven techniques with modern innovation delivering treatments that work at the deepest level.



Inspiration Spa are proud to be using GERARD'S and DERMALOGICA products.

## Mission Statement

Our mission is to provide quality education and development of a commercially viable workforce of stylists, therapists and technicians across a flexible, creative and industrially led curriculum. Inspiration is committed to delivering a professional level of services in our fully equipped salons/clinics.

## Customer Care Policy

We appreciate that services may take longer than planned, be delayed, or on rare occasions appointments may be cancelled due to the salon being a student led learning environment. We will provide as much notice as possible in this instance. It may be necessary to reschedule your appointment if you arrive late. If you need to cancel your appointment please contact the appropriate reception desk ASAP.

"Thank you for supporting the education and development of our future specialists." *Hayley McKinstry - Programme Team Leader*

## Salon Opening Times

Tuesday 9.00am - 7.00pm  
Wednesday 9.00am - 7.00pm  
Thursday 9.00am - 9.00pm  
Friday 9.00am - 4.00pm  
Saturday 9.00am - 1.00pm

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Over 60's Diamond Club - 20% OFF Tuesdays and Wednesdays.



Part of Truro and Penwith College



# SALON & SPA

## Facial Treatments

**Prescriptive Facial ..... £19.00**

A Dermalogica prescriptive facial tailored to your skin's exact needs. Your expert will use exclusive face mapping techniques and adapt the facial specifically for you.

**Chocolate Therapy ..... £20.00**

The ultimate indulgent facial that is not only great for your skin but smells delicious too. Using 100% cocoa and natural cocoa butter, skin is nourished, oxygenated and hydrated with natural anti-oxidants and minerals. The cocoa aroma releases body endorphins for an overall feeling of well being.

**Glycolic Facial ..... £22.00**

For immediately clear and smoother skin. The glycolic facial is a gentle and skin friendly chemical peel using sugar cane. The treatment exfoliates to the deepest levels to combat fine lines, sun damage, acne and congestion.

**Facial Programme ..... £80.00**

Incorporates consultation and six weeks of one hour sessions to help improve skin condition, texture and needs.

**Face and Scalp Massage ..... £10.00**

This relaxing 30 minute treatment will help nourish the skin and increase circulation. The massage works on pressure points to relieve unwanted tension in the face and scalp.

**Skin Consultation**

Book a fifteen minute slot with one of our therapists to discuss any skin concerns or to gain some product advice.

## Advanced Facial Treatments

Using Dermalogica products with specialised equipment to enhance the skin's appearance.

**Intensive Facial Programme ..... £70.00**

Incorporates consultation and six weeks of one hour sessions to include specialised treatments and products to help improve skin condition, texture, muscle tone, lines and wrinkles.

**Lymphatic Drainage Facial ..... £18.00**

To help eliminate toxins and improve a sluggish circulation.

**Non-surgical Facial ..... £18.00**

A toning treatment to lift and firm the contours of the face.

**Micro Dermabrasion ..... £18.00**

This non-surgical skin resurfacing procedure immediately restores smoother younger looking skin.

## Eye Treatments

**Eyelash Tint \* ..... £8.00**

**Eyebrow Tint \* ..... £5.00**

**Eyebrow Shape - Tweeze ..... £5.00**

\* Tint services require a skin test 24/48 hours prior to application.

## Nail Treatments

**Manicure ..... £10.00**

**Deluxe Manicure ..... £12.00**

Choose from hot oil, paraffin wax or a thermal masque to provide deep conditioning to hands, nails and cuticles. Please specify when making your booking.

**Pedicure ..... £11.00**

**Deluxe Pedicure ..... £13.00**

Choose from paraffin wax or a thermal masque to nourish and soften feet. Please specify when making your booking.

**Nail Extensions ..... £15.00**

**Infills ..... £8.00**

**Manicure with Micro Dermabrasion - anti-aging ..... £15.00**

**Gel Polish ..... £12.00**

**File and Paint ..... £5.00**

**Infinite Shine File and Paint ..... £8.00**

**Add Infinite Shine Polish to any nail treatment ..... £3.00**

## Body Treatments

**Chocolate Therapy for the Back ..... £18.00**

Mouth-watering pampering for the body using Dead Sea salts, essential oils and warm 100% pure cocoa. This body scrub and massage is a guilt free indulgence which leaves skin hydrated, re-mineralised and smelling gorgeous.

**Bamboo Massage ..... £25.00**

Unlike any massage that you have experienced before, this treatment uses silky canes of bamboo (the symbol of youth) to stretch and massage the body with specific and unique massage movements. This is a deep stress relieving and muscle strengthening treatment.

**Leg Massage ..... £10.00**

This leg massage is fantastic for people that are on their feet all day or the athletic types. The massage helps all major muscles in the leg to relax.

**Intensive Body Programme ..... £60.00**

Includes consultation and six weeks of one hour sessions incorporating figure diagnosis, nutritional assessment, homecare advice and treatment using specialised equipment to improve body shape and skin condition.

Faradic - A treatment that helps to increase muscle tone, blood circulation and lymphatic draining. Great for clients hoping to lose a little combined with healthy eating and an exercise regime. Must have as a course of treatments.

Vacuum Suction - A body treatment that helps to drain excess fluid retention from problem areas such as the stomach, legs, ankles and arms. Combined with a small massage. Beneficial as an individual treatment or purchased in a course of 6.

**Body Micro Dermabrasion ..... £15.00**

This non-surgical skin resurfacing procedure immediately restores smoother younger looking skin as well as reducing the appearance of scars and stretch marks.

**Back, Neck & Shoulder Massage ..... £10.00**

**Full Body Massage ..... £20.00**

**Relaxing Scrub & Massage ..... £25.00**

**Spa Sensation Body Salt Scrub ..... £10.00**

## Hair Removal Treatments

**Half Leg ..... £9.00**

**Full Leg & Bikini (if required) ..... £15.00**

**Bikini/Underarm ..... £6.00 each**

**Upper Lip/Chin/Eyebrow ..... £5.00 each**

**Forearm ..... £9.00**

**Back ..... £9.00**

**Chest ..... £7.00**

## Tanning

**St.Tropez ..... £15.00**

A break through in sunless spray-tanning guaranteed to satisfy even the palest skin tones. St.Tropez's formula works to enhance your own pigment (skin test required).