

## Level 1 Introductory Diploma in Health and Social Care

The purpose of this qualification is to develop the transferable skills, attributes and behaviours needed for learners to progress to further study and ultimately to employment.

The qualifications are designed to be delivered in an applied way, bringing together appropriate content with practical and technical skills. At a Level 1 qualification the pass standard requires learners to complete routine, simple and directed tasks by applying their knowledge and skills. It is expected that learners complete tasks fully under supervision, direction or with guidance. At merit and distinction levels, learners may be expected to complete tasks in greater detail or with greater confidence or independence.

If you want a career where you can progress, feel secure and get an enormous sense of achievement from knowing you are positively supporting individuals with a range of health and social care needs then this course is for you.

### Why choose this course?

With a huge demand for workers, plenty of opportunities for progression and a job in which a high percentage of workers report they feel their work makes a difference, the BTEC Level 1 Introductory Diploma in Health and Social Care has lots to offer.

Our course will help you to develop these qualities and give you an introduction to a range of careers within this sector. The knowledge base you will develop, such as care values, effective communication skills, promoting health and well-being, working as a team, being organised and preparing a personal development plan are essential to progress into a career within the wider sector.

If you enjoy studying a variety of subjects chosen to help develop your confidence, understanding and skills and then applying them, this course could be for you.

For you to succeed on this course you will need to be prepared to take on new challenges, but most importantly work hard.

### What will I learn?

Your learning will be through lectures and practical sessions including trips and visits. You will be expected to undertake research, attend visits to health and social care settings and create presentations and projects.

### Assessment Arrangements

This programme of study is continually assessed through coursework, observations and presentations.

You will need to complete all the following units in order to pass the Introductory Diploma:

- A1 Being Organised
- A2 Developing a Personal Progression Plan
- A3 Working with Others
- A4 Researching a Topic

- HSC5 Finding Out About Health and Social Care Services
- HSC6 Communication Skills for Health and Social Care

- HSC7 Making Healthy Snacks when Caring for People
- HSC8 Advising Others about Healthy Lifestyles

HSC10 Supporting Others to use Adapted Equipment Safely  
HSC12 Visiting a Health or Social Care setting

Maths and English are key elements of any full-time study in College. If you do not already have a GCSE at grades 9 – 4 in these subjects you will be required to attend additional lessons in these areas. These are varied study sessions and are designed to cater for all ability levels. You will receive advice and guidance regarding the correct level for you.

Skills in maths and English will support your future, assisting you with assignment writing, research, job applications, presentations, managing your own finances and interpretation of data, to mention just a few. Employers are looking for ability in these areas and the majority of university courses require you to have good maths and English GCSEs which is why the development of these skills is so important, whatever you do.

Your achievement in this subject is dependent upon excellent attendance, punctuality, ability to meet deadlines and commitment. You will learn in a friendly atmosphere, using a variety of assessment methods including:

- Practical Assessments
- Written Assignments
- Presentations
- Discussions
- Observations

### **Where will it take me?**

Previous students who have achieved the required grades have taken the opportunity to continue their studies onto our Edexcel BTEC Level 2 Diploma in Health and Social Care or our BTEC Level 2 Children's Play, Learning and Development.

Career opportunities such as support work, health care assistants, and apprenticeships are also to be considered.

### **What do I need?**

Whilst there are no specific entry requirements students must have a keen interest in exploring work within the caring sectors.

### **Additional Information**

Throughout the course you would be required to complete at least 15 hours of independent study time per week. To support you in this you will have access to lecturers via email and will be able to access support materials and resources via our virtual learning environment – Moodle.